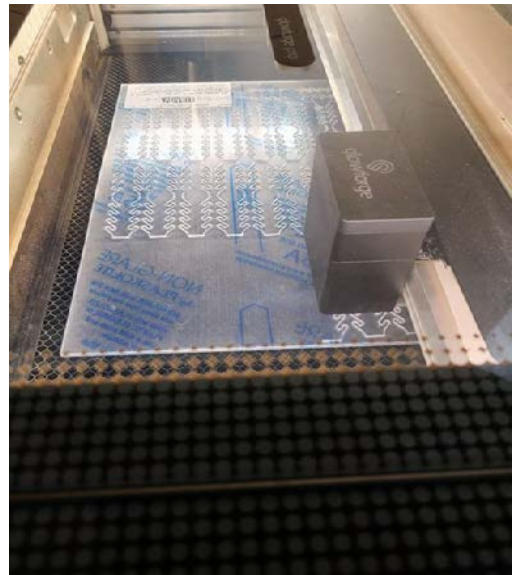


THE
**C. KYSER
MIREE** / **ETHICAL
LEADERSHIP**
CENTER AT THE ALTAMONT SCHOOL

April 21, 2020

Dear Altamont Community,

Altamont Technology steps up (again)! Whether it is virtual learning or connecting with friends and family in virtual meeting spaces, technology has allowed us to keep moving, growing, and giving during the COVID crisis in ways that would have been impossible a decade ago. A few weeks ago, technology provided us with ways to protect essential workers and the general public through 3D printing and PPE production. (www.altamontschool.org/news) Now, thanks to an idea from **Miree Service Corps Director Laura Anne Ottaviani-Chacon brilliantly executed by our one and only Ryan James**, we have made wearing PPE more comfortable for some with ear guards. The first batch of 200 ear guards will go to the Eisenhower Army Medical Center at Fort Gordon. Thank you, Mrs. O-C and Mr. James!



Please [click this link](#) to be added to the Miree mailing list. I will share updates regularly, and you can also find updates by clicking on the COVID-19 button on www.mireecenter.org. Also, for more inspiration on ways Altamont is showing up during COVID, check out Week 3 of our SGA Challenge: <https://www.altamontschool.org/studentlife/student-government-association>

I'll leave you with a quotation from David Star Jordan, "Wisdom is knowing what to do next, skill is knowing how to do it, and virtue is doing it." Stay safe, and thank you for your leadership!

Yours,

Katherine S Berdy
Director, The C Kyser Miree Ethical Leadership Center

**PLEASE DO YOUR PART TO KEEP US ALL SAFE AND HEALTHY BY
PRACTIC ALL SOCIAL DISTANCE AND PUBLIC SAFETY GUIDELINES!**

SERVICE IDEAS YOU CAN DO FROM HOME

NEW TO THE LIST

RECORD YOUR SERVICE HOURS ON MOBILESERVE! (TIME SENSITIVE!)

Use MobileServe to record your service hours! (Click [HERE](#) for instructions.)

NOTEWORTHY: Altamont's service year for Presidential Volunteer Service Award recognition runs from **May 1, 2019 until April 30, 2020**. Whether or not you are eligible for PVSA recognition, we want all service hours recorded on MobileServe, but you **MUST** have your hours recorded for the 2019-2020 school year by May 5, 2019 to be eligible for PVSA recognition. More information on PVSA can be found [HERE](#). Questions? Contact Katherine Berdy kberdy@altamontschool.org or Laura Anna Ottaviani-Chacon lottaviani-chacon@altamontschool.org.

GBHS IS NOW A PANTRY FOR THOSE WHO CAN'T AFFORD PET FOOD.

Pet Pantry Shopping

<https://gbhs.org/regionalpetpantry>

A FAMILY FUN WAY TO STAY HEALTHY AND GIVE TO THE ALABAMA SYMPHONY ORCHESTRA!

<https://alabamasymphony.org/event/tchaik5k>

JEFFERSON COUNTY MEMORIAL PROJECT—Several ways to help!

<https://mailchi.mp/c13710209400/how-we-can-help-alabamas-incarcerated-population?e=91124d85f0>

TAKE ONLINE CLASSES THROUGH THE AMERICAN RED CROSS

<https://www.redcross.org/take-a-class>

THE UNITED WAY OF CENTRAL ALABAMA--Look for opportunities to serve in your zip code!

<https://unitedwayhandson.org/>

CONTINUED NEEDS FROM PREVIOUS LISTS

- An enormous city-wide initiative spearheaded by Altamont parents Christine McLean and Joyce Vance. Please check out this endeavor! <https://www.bhamfacemasks.com/>
- Friendship Bracelets for the Friendship Bracelet Club. Donated bracelets go to the Ronald McDonald House. Again, instructions abound online, but here's a quick tutorial: <https://www.instructables.com/id/how-to-make-a-friendship-bracelet-1/>

These will be distributed once we return to life as usual, but you may mail them to the school at this address:

The Altamont School
c/o Friendship Bracelets
4801 Altamont Road South
Birmingham, AL 35222

- The Sunshine Project. This was started by a family in Forest Park. If you live near the school, just make a sun and hang it on your home and email Rachel Phillips with your address. She has a list to share for If you want to institute something similar in your own neighborhood, just send out an email and watch what happens. For more information, you can contact Rachel Phillips at rachelmariephillips@gmail.com.



- Call or text to check on your neighbors, especially the elderly.
- Play games for Free Rice: <https://www.wfpusa.org/get-involved/freerice/>
- Reading to and with younger students online. A great way to use social media's streaming platforms!
- Write letters to our veterans through Operation Gratitude. <https://28zynx7e84y43nfgd3f09vk1-wpengine.netdna-ssl.com/wp-content/uploads/2020/03/VOLUNTEERING-FROM-HOME-3.2020-1.pdf>
- Apply to become a pen pal. <http://elevateachild.org/pen-pal-program/>
- Donations to local charities. Pick up services for most has been discontinued for now, but go ahead and do that spring cleaning with donations in mind. The Lovelady Center is a long-time community partner that welcomes donations. [The Lovelady Center](#)
- Altamont's Service Corps recently donated knitted and crocheted caps for preemies at St Vincents: Contact Laura Anne Ottaviani-Chacon at lottaviani-chacon@altamontschool.org for information and patterns. Caps can be sent to this address:
The Altamont School
c/o Altamont Service Corps
4801 Altamont Road South
Birmingham, AL 35222

FOR OLDER STUDENTS, PARENTS, AND ALUMNI

- There is a critical blood shortage. <https://www.redcrossblood.org/> or, to donate directly to UAB, sign up to give here: https://donors.lifesouth.org/donor/schedules/drive_schedule/659682
- Grace Klein Ministries is organizing canned food deliveries and pick up. <https://gracekleincommunity.com/donate/ways-to-serve/>
- Firehouse Shelter needs supplies dropped off at the loading dock. <https://myemail.constantcontact.com/COVID-19.html?soid=1128974084758&aid=QBilzIb3J2w>